

# WISE\* in Oregon



Salem-Keizer School Board Budget Meeting -  
Great community involvement!

## Oregon's Health Education Standards and Benchmarks Revised!

The revised K-12 Oregon Health Education Standards and Benchmark (OHES) were approved, unanimously by State Board of Education on October 11, 2012. The last time the OHES were revised was January 2007. A number of laws and rule changes have occurred since 2007 and the revised OHES reflect these changes. In addition, the "skills-based" Standards (Accessing Information, Self-Management, Analyzing Influences, Interpersonal Communication, Goal Setting, Decision Making, and Advocacy) were strengthened through the addition of corresponding benchmarks designed to improve student's ability to make healthy decisions.

A color-coded, revised format was also incorporated to increase ease of use by the classroom teacher. The OHES are divided into 4 grade level groupings: K-3, 4-5, 6-8, and 9-12, and by health strands ( Concepts, Accessing Information, Self-Management, Analyzing Influences, Interpersonal

Communications, Goal Setting, Decision Making, and Advocacy). Also, each of the Health Strands was subject to revised knowledge and skill benchmarks.

The Revised Oregon Health Education Standards and Benchmarks will be posted on the ODE website by January 2013. If you would like a copy prior to that time contact Brad Victor – [brad.victor@state.or.us](mailto:brad.victor@state.or.us) for an electronic copy of the revised benchmarks and standards.

## SKSD - Welcome to WISE

This year, WISE in Oregon will continue to support WISE 1.0 and 2.0 Districts while we bring on one new district, Salem-Keizer. We are happy to be bringing on our biggest district yet. At the end of the 2012-2013 school year, Salem-Keizer School District's 43,000 students should be receiving quality sexuality education.

## WISE in Oregon Newsletter

November 2012

The WISE Newsletter features updates on WISE in Oregon, highlights from WISE Districts, and a variety of information and resources on sexuality education. It is published periodically throughout the school year.

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### Factoid

In 2010 Oregon's 15 - 17 Year Old Pregnancy Rate was 18.6/1,000. This is a 48% decrease from the teen pregnancy rate for 15 - 17 year olds in 2000. Preliminary rates for 2011 show a continued downward trend.

### WISE in Oregon

For general information contact:  
**Brad Victor**  
Oregon Department of Education  
[brad.victor@state.or.us](mailto:brad.victor@state.or.us)  
503-947-5655

### Stay Connected!

facebook

\*Become a fan of Sex Ed in Oregon on Facebook.

## WISE in Oregon Team Here to help WISE Schools

The WISE in Oregon Team is a group of partners representing state and county agencies and private non-profits. Though members of the team wear different hats, we all came together to support schools to provide quality sexuality education.

WISE Team members recognize that providing quality sexuality education is not easy. There may be people who do not understand what sexuality education is and wonder why schools provide it. Sexual health isn't just about sex; it's about societal norms and expectations, healthy relationships, family values, and a host of issues beyond "the birds and the bees."

That's why the WISE Team is here to help. Several members of the WISE Team are available to work one-on-one with you as you strive to provide the best sex ed. We may not be able to visit with you in person, but we can certainly have a phone meeting and plan next steps.

Here is who can help, how they can help and how you can reach them.

- Brad Victor, Oregon Department of Education, can assist with sexuality education curriculum selection and trainings, Mapping and Alignment/ Standards trainings, and implementation technical assistance. Brad can be reached at 503-947-5565 or [brad.victor@state.or.us](mailto:brad.victor@state.or.us)
- Kris Gowen, Senior Research Associate at the Regional Research Institute at PSU can help with evaluation questions, as well as offer resources on/for LGBTQ youth; teens and social networking, and; transition-aged youth with mental health challenges. Kris can be reached at 503-725-9619 or [gowen@pdx.edu](mailto:gowen@pdx.edu)

- Mary Gossart, Vice President of Education and Training at Planned Parenthood of Southwestern Oregon, can assist WISE Schools with teacher training through Sex Ed Boot Camp – two-day, one-day or half-day sessions; she can connect schools to education resources that support parents in communicating with their children about issues related sexuality and health. Mary can be reached at [mary.gossart@ppsworegon.org](mailto:mary.gossart@ppsworegon.org) or 541-344-1611 ext. 1013.
- MollyFranks, Multnomah County Health Department, can assist with questions or ideas about supporting LGBTQ students, staff and families. She can be reached at: [molly.c.franks@multco.us](mailto:molly.c.franks@multco.us) or 503.806.3946
- Jessica Duke, Oregon Public Health Division, is available to discuss how supporting youth and youth sexual health is beneficial to the community. Reach her at 971-673-0242 or [jessica.duke@state.or.us](mailto:jessica.duke@state.or.us)

Please do call on the WISE Team! We are here to help all WISE Schools.



WISE Schools Know -  
Sex Ed is more than  
Birds and Bees

## Share Your Good Work

The month of November provides you with TWO opportunities to share your good work!

The first is submitting a workshop proposal for the Adolescent Sexuality Conference (ASC). Over 300 people from around the state, representing many professions, attend the ASC. Why not share your school or classroom's sex ed story? What were the challenges the district faced when improving sexuality education? How did you overcome those challenges? What are some of the trickier sex ed classroom situations that you have resolved? Share your experience and stories with others by presenting at the ASC - April 22 & 23, 2013.

### ASC Workshop Proposals are due on

**Thursday, November 15**

Workshop proposal forms and other conference information is at:

[www.oregon-asc.org](http://www.oregon-asc.org)

The second opportunity is submitting an article for possible publication in The Rational Enquirer, Oregon's Annual Youth Sexual Health Magazine. You can also encourage your students to submit articles. Is there sexual health information you want to share with youth across the state? Do you have a student who wants to write about talking about sex with their parents or other sexual health issues? See your writing in print.

### Rational Enquirer submissions are due on

**Friday, November 30**

Submission guidelines and instructions are at:

[www.healthoregon.org/ysh](http://www.healthoregon.org/ysh)