

## **Samples of 2014 Annual Adolescent Sexuality Workshops/Discussion Topics**

To see agenda in full, visit: <http://oregon-asc.org/>

**Conference Steering Committee includes:** Oregon Attorney General's Sexual Assault Task Force; Oregon Department of Education; Oregon DHS, Youth Services; Oregon Health Authority; Planned Parenthood of the Columbia-Willamette and Southwestern Oregon

- Lessening the Taboo: Where Does Pleasure Fit into Sexual Health Education?
- From Texting to Teledildonics: Is Technology Changing Sex?
- Sexual identity and sexuality education are difficult to reconcile with religion and in particular with Christianity.
- Safer Oral Sex practices (ex: dental dams)
- Lubrication information
- Sexual Health Promotion as Sexual Violence Prevention
- What Every Teen Should Know About Contraceptive Access Under Obamacare
- Primary Prevention Curriculum with a Catholic Lens for Latin@ Youth
- The Love Bugs – Sexually Transmitted Infections
- 7 essential components: gender, sexual and reproductive health, sexual rights, pleasure, violence, diversity and relationships
- Sexuality education for 5<sup>th</sup> – 8<sup>th</sup> graders from a youth-adult partnership perspective
- Debunk common myths and stigmas associated with asexuality
- The Problem with Abstinence
- The meanings of rape and consent from a youth perspective
- Start a healthy dialogue about sexuality
- Ancient Wisdom for Inner Strength
- Unique “coming out” experiences
- Reducing stigma & providing support/access to resources
- LGBT identified youth are coming out in larger numbers, at unprecedented rates, & at younger ages
- Personal stories of bullying, being identified as LGBTQ, what a healthy breakup looks like
- Identify common myths regarding LARC methods and hear the most recent research and most up-to-date medical information about IUDs and implants to help combat these misconceptions
- Oops!...I Did it Again: Getting Lost in the Game of Friends with Benefits
- Disability & Sexuality: Better Access Through Sex, Better Sex Through Access
- Building sexual health in adolescents begins with a conversation
- The “Things to Know Before You Say GO” cards are designed to make that conversation more meaningful and reflective.
- Overcoming cultural stigmas is often the first step to seeking out information on sexual health
- Increasing your knowledge & confidence in talking about pregnancy options will support your ability to work w/ youth – in the classroom or clinic with primarily focus on parenting, abortion & adoption.
- This interactive workshop will highlight fundamentals of our award winning, evidenced informed, peer sexuality education program; Teen Council.
- Using a model of holistic sexuality, the presenter will explore ways to include scripture in sexuality education in a way that promotes comprehensive education and inclusivity of all people
- As educators and mentors, it is our job to engage youth in critical conversations about themes in popular media concerning gender and sexuality.
- No Glove, No Love: Condomology 411
- FosterClub’s young leaders show how supportive adults can help transform a foster youth’s outlook on relationships.