

2014 Oregon ASC Workshop - Pleasure: Lessening the taboo - where does pleasure fit into sexual health education - D3

D3 – Lessening the Taboo: Where Does Pleasure Fit into Sexual Health Education?

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In our efforts to empower youth about their bodies through comprehensive sexuality education, we often overlook a major reason people engage in sexual activity. Research shows that discussing healthy sexual pleasure enhances students' level of comfort with their own bodies and increases conversations regarding consent between partners. Leaving pleasure out of the conversation leads to unanswered questions, doubts about the credibility of educators, and promotes unnecessary shame and insecurity for youth who have yet to engage in (pleasurable) sexual activity. This workshop will challenge participants to examine their current methods, curricula and lesson plans for ways in which they could include sexual pleasure as a topic to enhance students understanding of healthy sexual expression.

Intended Audience: Adults, Teachers/Educators

Main Focus: Promoting Healthy Relationships, Teen Pregnancy Prevention, Sexual Health

Level of Information: Lecture, Interactive