

## 2014 Oregon Adolescent Sexuality Conference Workshop – No Glove, No Love: Condomology 411

### **E6 – No Glove, No Love: Condomology 411**

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When used consistently and correctly, latex condoms are 98% effective in preventing unintended pregnancy and are the only contraception that helps prevent against STIs. By normalizing healthy decision making, encouraging conversations with parents and partners, practicing negotiation skills, and learning correct steps of condom use, people can learn how to prevent STIs and unintended pregnancies. Learning these comprehensive skills are the building blocks of youth sexual health. Participants will learn about condom history and manufacturing, followed by rotating groups practicing the skills below:

- Condom line-ups
- Condom demos (wooden model)
- Role plays to practice negotiation skills
- Lubrication information
- Consumer reports testing
- Safer Oral Sex practices (ex: dental dams)

Intended Audience: Youth

Main Focus: HIV Prevention/Treatment, Teen Pregnancy Prevention, Sexual Health, Sexually Transmitted Infection Prevention/Treatment

Level of Information: Introductory

Presentation Techniques: Interactive