

What's Your Message?

ADOLESCENT SEXUALITY CONFERENCE

April 23-24, 2012
Seaside Convention Center
Seaside, OR



Registration Materials

**Steering Committee for the
2012 Adolescent Sexuality Conference
includes:**

Brie Akins, Community Volunteer * Cascade AIDS Project * Insights Teen Parent Program
Oregon Attorney General's Sexual Assault Task Force * Oregon Department of Education
Oregon DHS, CAF Self-Sufficiency Programs * Oregon Healthy Kids
Oregon Public Health, Adolescent Health Program
Oregon Public Health, HIV/STD/TB Program * Oregon Teen Pregnancy Task Force
Pathfinder Academy * Planned Parenthood of the Columbia-Willamette
Planned Parenthood of Southwestern Oregon
PSU, Regional Research Institute * VDAC * WISE in Oregon

REGISTRATION INFORMATION

Who Should Attend: This conference is for educators, health personnel, administrators, counselors, social and youth service workers, parents, clergy, teen parent program staff, teens, community members and others who wish to increase their knowledge and skills in addressing adolescent sexuality issues. Emphasis is on covering a wide spectrum of adolescent sexuality topics.

Conference Site:

Seaside Convention Center / 415 First Avenue / Seaside, OR 97138 / Phone: 503-738-8585

www.seasideconvention.com

Registration Information:

Early Bird Registration Fee through March 12, 2012:	\$135.00
Registration Fee after March 12, 2012:	\$175.00
Youth	\$ 65.00
Presenter (no fee) (One presenter per workshop):	\$ 0.00
Co-Presenter (One co-presenter only, additional at regular fee):	\$ 65.00

Register on-line at www.oregon-asc.org by April 2:

Payment Options:

- 1) Register and pay on-line by credit card.
- 2) Register on-line and make payment by check or purchase order.

Please make payable to:

Oregon Teen Pregnancy Task Force (OTPTF)

P.O. Box 12125

Portland, OR 97212

Tax ID# 93-0836221

If payment is for multiple attendees, please list names of attendees.

No refunds will be made for cancellations received after April 2, 2012. Refunds made prior to that date will be subject to a \$20.00 processing fee.

Lodging:

Lodging reservations or cancellations are the responsibility of the participants.

There are many options for staying in Seaside including hotels, motels, bed and breakfasts, and vacation homes for rent. A lodging list and tourist information are available from the Seaside Visitors Bureau by calling 1-503-738-3097.

The following hotels have agreed to offer conference rates. Please identify yourself as an attendee of the Adolescent Sexuality Conference to obtain the group rate.

Inn at Seaside (formerly Seaside Convention Center Inn)	800-699-5070 or 503-738-9581
Inn at the Shore	800-713-9914 or 503-738-3113
Rivertide Suites	877-871-tide (8433)
Shilo Inn Suites Hotel	800-222-2244 or 503-738-9571
Best Western Ocean View Resort	800-234-8439 or 503-738-3334

Meals provided:

Monday, April 23rd

Lunch is provided and refreshments will be served at the Monday evening event

Tuesday, April 24th

Continental Breakfast and lunch are provided

Dress: Dress for the meeting is casual attire.



Bookstore: Cannon Beach Book Co. will be on site with a selection of books for purchase.

<http://www.cannonbeachbooks.com>

Adolescent Sexuality Conference

Keynote Attractions

Monica Rodriguez, M.S.
President & CEO, SIECUS

Sexual Health and Well Being: Our Promise to the Next Generation

There is an urgent need for a new approach in the public and professional discourse about sexuality. The current dialogue in the United States tends to be negative, disease and problem focused, and exploitative. Only when sexual health is more widely understood as focused on positive benefits and not simply about mitigating harm will Americans of all ages have greater options for achieving their own personal sense of sexual health and well-being. Ms. Rodriguez will share SIECUS' current efforts to shift the discourse to reflect a broader, holistic framework for promoting sexual health and well being for all people across the lifespan and creating a generation of sexually healthy adults.

Nancy Willard, M.S., J.D.
Executive Director, Center for Safe & Responsible Internet Use

Cyberbullying, Sexting, & Predators, Oh My! Addressing Youth Risk in the Digital Age in a Positive and Restorative Manner

Nancy's keynote will discuss the evidence related to interpersonal relationships and sexting/cyberbullying/dating abuse/exploitation - as well as focus on addressing these issues in a way that ensures accountability, reinforces positive social norms, strengthens effective skills, encourages helpful allies, and fosters restoration and reconciliation.

Ben Anderson-Nathe, PhD
Assistant Professor, Program Director, Child & Family Studies, Portland State University, Editor, Child & youth Services A Taylor & Francis Journal

"When in Rome...": Young People, Sexuality, and Institutional Influences

Young people's lives are governed, in many ways, by the institutions with which they must interact – including schools, religious or community organization, social service agencies, large systems including child welfare and juvenile corrections, and others. In considering "what's your message?", adults who hope to work effectively with young people around critical issues of gender, sexuality, and identity must be attentive to how these institutions (and the adults who comprise them) shape young people's experiences. Building on direct work with young people, consultation with organizations serving youth, and research into institutional experiences of gender and sexuality, this presentation will articulate some of the challenges and opportunities inherent in sexuality-related work in institutional spaces.



Movie Night Event

Featured film: "**Easy A**"

Join us for movie night! Snacks in hand, watch "**Easy A**", a movie about a good girl, a small favor, and a BIG RUMOR. We'll even have a critical question that, if answered correctly during the movie, could merit prizes!

Adolescent Sexuality Conference
Seaside Convention Center
April 23-24, 2012

Agenda at a Glance

Monday, April 23, 2012

9:30 AM Registration
Exhibit Area Open

10:15 AM – 10:45 AM Welcome/Announcements
Ely Sanders,
L. Kris Gowen, PhD, EdM

10:45 AM – 12:00 PM Workshops A1 – A6

12:00 PM – 1:15 PM Lunch
Keynote Speaker
Monica Rodriguez, M.S.
President & CEO, SIECUS

1:30 PM – 2:45 PM Workshops B1 – B5

2:45 PM – 3:00 PM Break

3:00 PM – 4:15 PM Workshops C1 – C6

4:30 PM – 5:30 PM Teen Pregnancy Task Force Meeting

7:00 PM Evening Event-**Movie Night**

Featured Film:
“Easy A”

Tuesday, April 24, 2012

8:30 AM – 9:00 AM Continental Breakfast
Exhibit Area Open

9:00 AM – 9:15 AM Announcements
Ely Sanders,
L. Kris Gowen, PhD, EdM

9:15 AM – 10:30 AM **Keynote Speaker**
Nancy Willard, M.S., J.D.
Executive Director, Center for Safe & Responsible Internet Use

10:30 AM – 10:45 AM Break

10:45 AM – 12:00 PM Workshops D1 – D4

12:00 PM – 1:15 PM Lunch
Keynote Speaker
Ben Anderson-Nathe, PhD
School of Social Work
Portland State University

1:30 PM – 2:45 PM Workshops E1 – E5

2:45 PM – 3:00 PM Break

3:00 PM – 4:15 PM Workshops F1 – F5

Adjourn
Have a safe trip home

CONFERENCE WORKSHOPS

A1 – The Developmental Timeline: A Capacity-Building Tool for Sexual Health Staff

Kristin Teipel, BSN, MPH, Glynis Shea, BA

Effectively supporting young people – their health, education, future prospects-means working from a real understanding and appreciation of who young people are and what's going on in their lives as they grow and develop through their adolescent years. Understanding adolescent and young adult development is a necessary first step that drives the implementation of evidence-based sexual health programs and policies in ways that effectively reach and engage youth. This developmental approach has been identified through research as a component of effective youth health programs.

In this session, participants will learn a simple developmental timeline activity that can be used to help sexual health program staff better understand and apply adolescent development to their work. As a staff development tool, the timeline activity provides a fun and informative process to build a common understanding among a wide array of staff and volunteers.

Intended Primary Audience: Good for any adult, professional (non parent)

Level of Information: Intermediate

Presentation Techniques: Interactive

A2 –Teen Peer Educators Use Interactive Theater to Engage Bystanders and Promote Healthy Relationships

Loraine Madian, MA, The HAVEN Teen Theater Troupe, Tara Koch, Executive Director for HAVEN

High school students from diverse backgrounds become leaders and peer educators using theater as a mode of communication. Teens come together to address tough issues like dating/sexual violence, bullying, oppression, media influence, safe texting, peer pressure, cyber bullying, depression, substance use, healthy relationships, suicide contemplation, teen pregnancy and parenting while promoting bystander roles and positive relationships. Each member will come into the scene with a different viewpoint and contribute in his or her own way. We strive to create an atmosphere that is fun and supportive.

Short scenes presented at the Sexuality Conference (youth issues/problems from everyday life) will be presented by the Troupe. The audience is invited to participate to create successful bystander interventions, practice healthy ways to be assertive and communicate, and open each others' eyes to different perspectives. The audience is involved in searching for solutions, stimulating public debate and analyzing power. The scenes will fit perfectly for the theme of the conference "What's Your Message?" HAVEN's message is that empowered teens can make a difference by role modeling healthy interactions and understanding the underlying issues that lead to sexual assault.

HAVEN presenters and troupe will allow time for Q&A and information/questions for creating a Troupe.

Intended Audience: All conference attendees

Level of Information: Introductory

Presentation Techniques: Interactive

A3 – Multiculturalism and Alternative Teaching Methods in Sexual Assault Prevention

Ro Jane Prideaux, Claire Barrera

As young people, we are often taught about the ills of the past, our parents' and other peoples' mistakes, and what NOT to do, but as a society are we telling and showing our youth about healthy, positive behavior? Are we giving them equal opportunity to succeed, and are we respecting and encouraging them when they make good choices? Young people are influenced in many different ways- by their own private thoughts, their personal and family relationships, friends, teachers, doctors, coaches, T.V. and movies, music, and other sources. Giving positive messages, examples and feedback about behavior is very important in children's growth and development, as well as giving them space to explore and experiment in defining their own identity. For many Latino parents, mainstream education is a source of hope, advancement, and nurture for their children and their families. However, it can also be a source of fear, discrimination and disconnect as their children grow up bilingual and bicultural in a society with many dangers and challenges confronting youth, particularly youth of color and speakers of English as a second language. Cultural differences and values as well as language and other barriers can alienate parents from their children's experiences outside the home, and challenge a family's basic concepts of health, education and safety. Mainstream efforts to address sexual violence in Latino communities have often fallen short, and the importance of caring for and educating our youth from a culturally appropriate perspective is more apparent than ever. In this workshop we will introduce alternative teaching methods and theories for Sexual Assault Prevention work from a Latino-centric perspective while exploring multicultural values and identity.

Intended Audience: Teacher/Educator

Level of Information: Intermediate

Presentation Techniques: Interactive

A4 – Beyond the Pill: Increasing Utilization of the Intrauterine Device in Adolescents

Lisa Bayer, MD, Dawn Stanek, MD

Adolescents contribute disproportionately to the epidemic level of unintended pregnancy in the United States. Increasing the use of long-acting reversible contraceptives in adolescents has the potential to decrease the number of unintended pregnancies. However, the IUD continues to be underutilized in adolescent populations. Providers often express concerns regarding infection, infertility and difficulty with IUD insertion. Moreover, a recent survey of Oregon gynecologists, pediatricians and family practitioners revealed that very few practitioners counsel their adolescent patients on IUDs. This limited counseling on IUDs was associated with poor knowledge, an inability to offer the devices in their office, and a perception that IUDs are inappropriate for adolescents. This presentation will dispel some of these provider misconceptions and provide evidence that IUDs should be used as first-line contraceptive choices for adolescents.

Intended Audience: Health Care Provider

Level of Information: Intermediate

Presentation Techniques: Lecture

A5 – What’s OUR Message? An Informational Exchange for Teachers and Service Providers

Ashley Maier, MSW, Stephanie Murray, MPH

The topic of healthy relationships is broad and covers many issues – friendship, dating, intimacy, communication, sexual behavior, power, responsibility and abuse, and even creating and sometimes ending lifetime commitments – a lot that can be covered in the classroom in different ways, by different professionals. In last year’s informational exchange between sexual health/relationship teachers and community implementers, we promised a follow up informational exchange offered by the Oregon Public Health Division and the Oregon Sexual Assault Task Force’s Sexual Health Work Group. This year, we are back to bring together classroom teachers, violence prevention and sexual health educators to meet and learn from one another. They will have the opportunity to share the curricula and lessons they use and the framework in which they teach healthy relationships. Presenters will share updated information about the statewide assessment of high school sexuality education efforts that was conducted by the Office of Family Health and that was introduced just as it was beginning the pilot phase at last year’s meeting.

Intended Audience: Social Service Provider, Teacher/Educator

Level of Information: Intermediate

Presentation Techniques: Lecture, Interactive

A6 – Just Hold On: Investigating the “It Gets Better” Discourse

Ben Anderson-Nathe, PhD, Kiera Hansen, Mikah Rotman

In 2010, the first It Gets Better video emerged on YouTube, in response to increased public attention to experiences of victimization among LGBTQ young people, particularly in school settings. Since this first video, thousands more have been disseminated, and the It Gets Better project has achieved international attention and praise. This highly interactive workshop will present an opportunity to engage directly with the discourse evoked by the It Gets Better project, with specific attention to questions about its audience, impact, and associated implications for young people and the institutions with which they interact.

Intended Audience: Teacher/Educator, Youth

Presentation Techniques: Interactive

B1 – Fostering the First Generation of Sexually Healthy Adults: What Can We Do to Make It Happen?

Monica Rodriguez, MS

This workshop will build from the themes addressed in the *Sexual Health and Well Being: Our Promise to the Next Generation* keynote. Workshop participants will have the opportunity to dialogue further about redefining and reframing sexual health and well being to reflect a holistic, rights-based approach throughout the lifespan and develop specific systems-, policy-, and individual-level recommendations for supporting the first generation of sexually healthy adults.

Intended Audience: Health Care Provider

Level of Information: Intermediate

Presentation Techniques: Interactive

B2 – Outside the Frame – A Film Series by Outside In’s Guerilla Theatre Peer Educators **Nili Yosha, Herberto Espinosa and Guerilla Theatre Youth Peer Educators**

CHATpdx peer educators wrote, produced and edited a second series of short films which offer youth perspectives. Youth produced these films as a way to speak directly to their peers and help navigate topics such as physical and mental health, domestic violence, homelessness, gender and sexuality, and overcoming stigma. Join us for a screening of the films and a presentation of the interactive curriculum designed and presented by CHATpdx youth educators.

Intended Audience: Community Member, Social Service Provider, Teacher/Educator, Youth

Level of Information: Intermediate

Presentation Techniques: Interactive

B3 – Mobilizing Your Community to Promote Healthy Sexuality

Brie Akins, MA

This workshop will provide professionals with tools for mobilizing their community. Participants will gain knowledge about the intersections of issues affecting sexual health (e.g., teen pregnancy, STIs/HIV, sexual violence, etc.) and skills for developing strategies and messaging in order to create coalitions across sexual health issues. Participants will have the opportunity to work through a process for starting or enhancing a coalition in their community.

Intended Audience: Professionals

Level of Information: Introductory

Presentation Techniques: Lecture, Interactive

B4 – Healthy Communication, Healthy Relationships

Marcella Chiromo

This lively, interactive workshop will give educators and youth advocates an opportunity to discuss Healthy Relationships with teens. Ophelia’s Place has been presenting to teens and the adults who care about them using a gender-specific, strengths-based model for 6 years in Eugene, Oregon. Our Healthy Relationships presentation focuses on communication skills and relationship behaviors—the messages we receive from and give to others. Our presentation will coach you on the finer points of presenting to teens, and encouraging them to use their skills and critical thinking to identify signs of healthy vs. abusive behaviors in relationships. Dynamic activities encourage self-awareness and identification of personal boundaries. By exploring this important topic with youth, we help them learn to expect respect, demonstrate it in their relationships with peers, and articulate their rights within relationships.

Intended Audience: Teacher/Educator

Level of Information: Advanced

Presentation Techniques: Interactive

B5 – Latino Culture and Teen Pregnancy: Teens Speak Out!

Ann Krier, MPH and Students from the Woodburn Health Advocates Movement (WHAM)

The Woodburn Health Advocates Movement (WHAM), a group of high school students who advocate for healthcare access, surveyed their peers about teen sexual health as it relates to cultural perspectives.* Specifically, survey questions included the “ideal” age to first have sex, get married, and have a baby, how comfortable youth are in talking with their parents about sex, which parent is easier to talk to, and how much religion influences decisions about sex. The results of these surveys were tallied based on Latino and non-Latino ethnicity of respondents. WHAM students will present the results of these surveys and compare the findings for these two groups. They will follow this presentation with a panel discussion on the differences and similarities between Latino and non-Latino cultural perspectives on sexual health and teen pregnancy and provide tips to service providers and others on how to address these topics among Latino youth.

* Note – This survey is in development and will be finalized, put on surveymonkey, and administered during lunch periods at Woodburn High School.

Intended Audience: Social Service Provider

Level of Information: Introduction

Presentation Techniques: Interactive, Panel

C1 – What’s Happening at Portland Community College? A School that Supports the Vagina Monologues, You’re your Body Day and so so much more!

Traci Boyle-Galestiantz, LCSW, Student Advocates of the Women’s Resource Center

The Women’s Resource Center has been at PCC Sylvania for 16 years we’ve done workshops of women’s empowerment, unpacking masculinity, healthy sexuality, women and war, loving your body, safe sex options, breast cancer prevention, teen parenting, rape culture and many more. These workshops, lectures and events have are put on every year by a dynamic group of student leaders in the Deborah Evind Women’s Leadership Program. We will discuss how we work to create an inclusive and empowered campus climate for PCC students, lessons learned through their leadership experiences and hopefully inspire youth present to think of college in an exciting and fun way.

Intended Audience: Community Member, Teacher/Educator, Youth

Level of Information: Introductory

Presentation Techniques: Interactive, Panel

C2 – This Is What We’re Like: The Art of Stereotyping

Matthew Stevens, Anya Gearhart

This youth created workshop entitled, “This is What We’re Really Like: The Art of Stereotyping” shows how stereotypes, gender roles, and homophobia directly affect the LGBTQ community. It highlights how stereotypes directly lead to negative bias, baggage judgment and behavior. The workshop is a series of interactive discussions and activities with the audience on topics including: gays in the media, coming out and homophobia. Specifically this workshop will discuss how stereotypes can affect the experiences that LGBTQ youth have as they grow up. People stereotype communities without knowing they are doing it. In reality people fall somewhere along a continuum. The use of stereotypes spreads ignorance about a community preventing an understanding of who they really are and what they are like. No stereotype can accurately depict a whole community. Sexuality, gender, stereotypes and personalities are fluid and can change over time. Stereotypes create the baggage that will affect us in every part of life, whether with friends or in a professional environment. In order for a person to effectively communicate with people without bias or judgment it is important to be aware of the baggage we carry. To treat people as individuals instead of as groups who are all the same, and to be aware of and actively disapprove of the stereotypes imbedded within different cultures and communities, including our own.

Intended Audience: Teacher/Educator, Youth

Level of Information: Introductory

Presentation Techniques: Interactive

C3 – Advocating for Sexual Health Services? Tell Them a Story

Oregon School-Based Health Care Network’s Statewide Youth Advisory Council (Elizabeth Guzman, Milo Lopez, Richard Liang, Stefania Ramirez, Jake Sapp)

When the health services you need are not available - especially if those services relate to sex - simply asking for them might not be enough. In keeping with the “What’s Your Message?” theme, the Statewide Youth Advisory Council will explore how the act of telling a story, can be one of the most persuasive tools you have to get your message across.

Inspired by the highly publicized process the Youth Council at Canby High School went through to advocate for more comprehensive family planning options at their school-based health center; as well as the work of story-telling guru, Andy Goodman - the Statewide Youth Advisory Council will explain why stories are so powerful, how to recognize the structure and components of a good story, and how to use stories to advocate for their health needs. Each participant will leave the presentation with an outline of a story they can use to advance policies that meet their sexual health needs.

Intended Audience: Youth

Level of Information: Introductory

Presentation Techniques: Lecture, Interactive

C4 – Helping Parents and Their Preteens Talk About Sex

Robert M. Lehman, MD

With over 20 years of experience in leading classes for preteens and their parents/guardians on puberty and sexuality, Dr. Lehman will discuss how to help parents be their preteen's primary sexuality educator by summarizing our experiences with Great Conversations classes and including tips on initiating or strengthening those communication lines. Learn what is on the minds of preteens in the areas of puberty, sexuality and relationships; some observed differences between boys and girls; and successful ways to complement traditional sex education programs in schools. Their new book, "*Will Puberty Last My Whole Life?: Real Answers to Real Questions Asked by Preteens on Body Changes, Sex, and Other Growing Up Stuff*" that is to be used as a complement to the classes will be demonstrated.

Intended Audience: Community Member, Health Care Provider, Parents, Social Service Provider, Teacher/Educator, Youth

Level of Information: Intermediate

Presentation Techniques: Lecture

C5 – Youth Sexual Health in Oregon: Communicating Success Through Oregon's Youth Sexual Health Partnership

Brad Victor, MAT, Ashley Maier, MSW

The Oregon Youth Sexual Health Partnership (OYSHP) is a consortium of public and private partners who work together to implement the Oregon Youth Sexual Health Plan and to provide guidance on youth sexual health issues and promotion throughout the state. Published in 2009, the Oregon Youth Sexual Health Plan is designed so that each community, agency or group can approach youth sexual health in a manner that is relevant to its setting and circumstances. In this session, OYSHP members will share the results of a recently completed assessment of progress, accomplishments, and successes throughout the state related to the plan. The session will highlight specific, replicable programs and projects and provide space for discussion and sharing.

Intended Audience: Social Service Provider

Level of Information: Introductory

Presentation Techniques: Lecture, Interactive

C6 – The New Megaphone: How to Use Social Media to Amplify Your Message

Dano Beck, MSW, Ernesto Dominguez

This interactive workshop will teach participants how to select and use new media platforms for sexual health promotion. The workshop will cover tools such as Facebook, YouTube, Tumblr, and mobile technology. Participants will explore which new media platforms may be most appropriate for their target audience and objectives, see examples of successful engagement strategies, and learn about free resources available to them. Participants are expected to come to the session with a basic knowledge of social media.

Intended Audience: Social Service Provider

Level of Information: Introductory

Presentation Techniques: Interactive

D1 – Framing Disparities: Are you Sending the Right Message?

Glynis Shea, BA

Shouldn't the data about adolescent sexual health disparities cause a public outcry? Inspire immediate action from policy makers? Shake up our systems and infrastructure? But it hasn't and may never have that impact. And, it turns out that promoting the very data we find so compelling may be having exactly the opposite effect. Building the public will to tackle health disparities remains an enormous challenge. As members of the youth-serving community we all – as individual and organizations – have a role to play in shaping how people think about and work to eliminate health disparities.

This workshop will borrow strategies used by commercial advertisers, leverage the best thinking of cognitive linguists and apply findings from the latest communications research to inform and inspire new ways to discuss and present data about health disparities.

Intended Audience: Any Adult, Professional in Field

Level of Information: Intermediate

Presentation Techniques: Lecture, Interactive

D2 – Youth Advocates Wanted! Brainstorming New Sexual Health Messages & Services in Oregon

Dano Beck, MSW, Cessa Karson-Whitethorn, MPH

This interactive workshop will focus on developing new messages and programs related to youth sexual health. Participants will see examples of youth-led initiatives, create messages and marketing materials, and brainstorm ways to reach youth locally and across the state. What motivates youth to encourage friends to protect themselves? Where should free condoms be available in your community, and what sexual health messages should youth receive? Come brainstorm with other youth and get new ideas for your community!

Intended Audience: Youth

Level of Information: Introductory

Presentation Techniques: Interactive

D3 – The First 1000 Days: Ensuring Health for Generations to Come

Shelagh Johnson

OHSU researchers are leading the way in the discovery of developmental origins, the study of how chronic disease is passed generation to generation. While we know health during pregnancy is important, what we now know if that health pre-pregnancy is even more important. What does this mean for adolescent sexuality? Come and find out more about this fascinating research and consider its relevance in pregnancy prevention, health promotion, and sexuality education.

Level of Information: Intermediate

D4 – Do You Really Know Us?

Terri Neimann, Mary McGinnis, M.Ed, Youth Panel

An adult facilitated panel of 5-6 youth representatives will debunk or demystify the myths regarding sexual diversification. The interactive youth panel will discuss and answer questions regarding their adolescent sexual experiences. They will discuss sexual labels and educate professionals to show them how misconceptions can lead to oppression that shuts down the whole person (or how about: misconceptions that impact adolescent health and well being)? The panel represents youth voices from various perspectives such as: bisexual, lesbian, transsexual, (gay??), heterosexual, a childhood survivor of sexual assault, and an ethnic minority. **Their message is:**

Do You Really Know Us?

Intended Audience: Teacher/Educator

Level of Information: Introductory

Presentation Techniques: Interactive, Panel

E1 – Using Restorative Interventions to Address Youth Digital Risk

Nancy Willard, MS, JD

Restorative justice interventions - and how to shift the standard practices to use this approach for serious situations involving sexting and egregious cyberbullying. My focus on this is on the triad of professionals who need to be involved - mental health, schools, and law enforcement.

Intended Audience: Social Service Provider, Teacher/Educator, Other Professionals

Level of Information: Intermediate

E2 – Healthy Relationship Skills for Teens Using “Things To Know Before You Say Go” Relationships Cards!

Molly Maynard, MA

Adolescents often make decisions about relationships and sexual partners without forethought, leaving them with potentially life-long negative consequences. Teens need the freedom to explore. They also could benefit from tools to assist them in being wise and safe during their experimentation.

How to help teens be wise about romance is a challenging task. Telling them some version of “the right way” will never be fully successful. They need a means for personal inquiry and deciding their own way based on their chosen values, preferences, and needs. As a psychologist, attempting to bring consciousness to the dating experience of my young adolescent clients, I developed the *Things To Know Before You Say “Go”* deck of cards. The cards present a set of questions, in flash card format, that make relationship examination personal, accessible, and attractive.

This workshop introduces the *Things to Know Before You Say “Go”* cards as a means for relationship exploration. The seventy-six unique questions, each on a separate card, will be examined and discussed. Methods for sorting the cards with teens will be explored. Participants will leave with a list of the powerful questions, as well as ways to make their own cards and curriculum!

Intended Audience: Youth

Presentation Techniques: Interactive

E3 – Stand Up!: Teen2Teen Presents on How to be Sexual Health Activists!

Teen2Teen and Annika Shore

Teen2Teen educators will host this workshop/discussion for the other youth at the conference in order to provide not just a youth hang-out space, but a productive time for youth to learn about each other and gain skills around sexual health activism. Using methods from Teen2Teen trainings, such as panel-style Q and A, small group discussion, and graffiti boards, the young people in this workshop will have interactive opportunities to learn from one another and connect on a deeper level than they have been able to. This workshop will be led by Teen2Teen members and CAP staff, but by the end will be a shared discussion among all youth about their experiences. Participants will be encouraged to share resources and tactics, which will be recorded as a give-away for each participant at the end of the conference.

Intended Audience: Youth

Level of Information: Intermediate

Presentation Techniques: Interactive

E4 – Let’s Talk About Sex – Using a Documentary Video to Spark Community Conversation

Jessica Duke, MPH

Participants will view portions of the documentary, **Let’s Talk About Sex** and discuss how the film can be used to start a community conversation about healthy sexuality. Let’s Talk About Sex takes a revealing look at how American attitudes towards adolescent sexuality affect today’s teenagers. We live in a society that uses sex to sell everything from lipstick to laptops. Yet fear and silence around sex and sexuality also permeate our culture. Let’s Talk About Sex challenges the viewer to openly discuss sexuality and help protect the future of our young people.

Intended Audience: Community Member

Level of Information: Introductory

Presentation Techniques: Lecture, Interactive

E5 – The Birds & the Bees: Exploring the Awkward Truth

Chelsea Jackson, BA, Jon Gubser, BS

Let’s face it, we have all had some difficult conversations at some point in our lives, whether it was with a loved one, a friend, a coworker, or with the young people we serve. Some situations and conversations we feel prepared for and others we don’t. As providers who specialize in helping youth tackle and overcome tough challenges and changes in their lives, we will be offering social service providers a variety of tips, tools and strategies for approaching difficult conversations with the youth they work with. Through dynamic and engaging group games, interactive and thoughtful discussions and the introduction of the William Bridge’s Transitions Framework, workshop participants will learn how to comfortably and confidently explore conversation topics with the populations they work with including sex, drugs, abuse, divorce, family dynamics, self harm, relationships/boundaries, philosophy/religion, mental health STD’s, gender identity, teen parenting, Foster Care, and many, many others.

Intended Audience: Social Service Provider

Level of Information: Introductory

Presentation Techniques: Interactive

F1 – Media & Body Image: A Healthy Approach to Media Messages

Kyra Kelly

This presentation will prepare educators and youth advocates to engage youth audiences in dynamic, interactive and productive critique of contemporary media. We will discuss ways to help youth identify, examine, and reclaim their personal power in the face of negative messages. Gain awareness and understanding of media and advertising tactics that especially target young people. Learn to actively encourage teens to reject limiting gender stereotypes and embrace themselves as the wonderfully complex & whole human beings that they are. With activities, humor & encouragement, learn to help teens come away from such discussions with a sense of relief and a more positive self-image. This workshop encourages everyone to cultivate appreciation for who they are right now, rather than striving to live up to unrealistic, unhealthy standards.

Intended Audience: Teacher/Educator

Level of Information: Advanced

Presentation Techniques: Interactive

F2 – WISE in Oregon 1.0-2.0: Past, Present, and the Future

WISE in Oregon Partnership

This workshop is restricted to WISE in Oregon school district teams. School districts will share past, present, and future challenges and opportunities in implementing comprehensive sexuality education programs. WISE in Oregon 1.0 school districts will provide mentoring to 2.0 school districts.

Intended Audience: WISE in Oregon School District Teams

Presentation Techniques: Interactive

F3 – Free To Be

YEPSA

Youth for the Education and Prevention of Sexual Assault - Network Charter School

Our performance is called “Free to be”, it is a production to educate about sexuality and gender identity. The show has been written by teenagers and performed by teenagers. It will include monologues, group recitations, drag show, dance, audience participation and skits.

F4 – Is It Safe to Come Out of the Closet? The Challenges LGBTQ Youth Face in Foster Care & Juvenile Detention

Randa Jo Downs, Tobin Marsh

One study shows that as many as 78% of LGBTQ youth are removed or run away from their foster care placements due to anti-gay harassment and violence. 56% of LGBTQ youth had lived on the streets because they felt safer there than in their group or foster homes.

When rejected by their families, LGBTQ youth are at risk of a range of negative outcomes, including involvement in the foster care and juvenile justice systems where they commonly face repeated rejection and harsh treatment. This workshop will highlight the struggles faced by these young people and the systemic reforms needed to ensure they are treated with the dignity and respect all youth deserve.

Intended Audience: Social Service Provider

Level of Information: Intermediate

Presentation Techniques: Lecture, Interactive

F5 – One Key Question: Envisioning a Future

Sally Guyer, MSW, Michele Stranger-Hunter, M.Ed

Getting youth to participate in planning for the future is difficult. Research shows the lack of goals or personal vision for the future is a prime contributor for unintended pregnancy. Discussing reproductive health and pregnancy prevention with teens is often uncomfortable. Both can be accomplished when you ask them, One Key Question. This highly interactive training will both educate and enlighten participants

Intended Audience: Health Care Provider

Level of Information: Intermediate

Presentation Techniques: Interactive

Keynote Speaker Information

Monica Rodriguez, M.S.



Monica Rodriguez is the president and CEO of the Sexuality Information and Education Council of the United States (SIECUS). In this role, she works closely with SIECUS's funders and Board and manages the vision and programmatic direction of the organization. Over the course of more than sixteen years at SIECUS, where she most recently served as vice president for education and training, Ms. Rodriguez has provided speeches, workshops, training, resource development, and technical assistance related to HIV prevention and sexuality education to education and health professionals, decision-makers, and parents both domestically and internationally. Prior to joining SIECUS, Ms. Rodriguez was a sexuality educator at the Center for Family Life Education, Planned Parenthood of Greater Northern New Jersey. She received a Masters of Science degree in non-profit management from New School University in New York City and a Bachelor of Science degree in psychology from Penn State University.

Nancy Willard, M.S., J.D.



Nancy Willard, M.S., J.D. is the director of the Center for Safe and Responsible Internet Use. She has degrees in special education and law, taught "at risk" children, practiced computer law, and was an educational technology consultant before focusing her professional attention on issues of youth risk online and management of student Internet use. Nancy is author of: *Cyberbullying and Cyberthreats: Responding to the Challenge of Online Social Cruelty, Threats, and Distress* (2007, Research Press) and *Cyber-Safe Kids, Cyber-Savvy Teens, Helping Young People Use the Internet Safely and Responsibly* (2007, Jossey Bass). *Cyber Savvy: Embracing Digital Safety and Civility* (2011, Corwin Press).

Nancy has been on the cutting-edge in addressing issues related to the impact of digital technologies on youth risk, starting her work in this area in 1995. To address these concerns, her approach places a strong focus on ensuring accountability, reinforcing positive social norms, strengthening effective skills, empowering helpful allies, and fostering restorative interventions.

Ben Anderson-Nathe, PhD



Ben Anderson-Nathe is an assistant professor. He has a B.A. from The Evergreen State College; Certificate in Disability Policy and Services, University of Minnesota; M.S.W. (Youth Development & Community Leadership), University of Minnesota; M.P.P. (Nonprofit Management & Policy Advocacy), University of Minnesota; Ph.D. (Education: Youth Studies & Comm. Ed.), University of Minnesota.

Ben's teaching areas have been in youth development, youth work, family studies, sexuality and sexuality education, diversity and social justice, practice and applied research. He has practical experience with youth work, community education, disability support and advocacy, nonprofit management and consulting.

His research interests have been in youth work; youth worker development; runaway and homeless youth; sexuality, sexuality education; phenomenological research methods; critical pedagogy; and social justice education.

What's Your Message?

Thank you to the following organizations for their generous support for the 2012 Adolescent Sexuality Conference.

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Oregon Public Health, HIV/STD/TB Program
Oregon Teen Pregnancy Task Force * Pathfinder Academy
Planned Parenthood of the Columbia-Willamette
Planned Parenthood of Southwestern Oregon
PSU, Regional Research Institute
VDAC * WISE in Oregon

Directions to Seaside

From Portland International Airport:

Take Airport Way to I-205 S
Follow I-205 S towards PORTLAND/I-84/SALEM, merge onto I-84 W
Take the I-5 S exit on the left towards SALEM, merge onto I-5 S
Take the I-405 exit on the left towards US-26/BEAVERTON/CITY CENTER
Merge onto I-405 N
Take the US-26 W/12th AVE. exit, exit number 1D, towards Beaverton
Merge onto US-26 W, follow US-26 W to Hwy 101 junction
Turn right onto Hwy 101 N and follow the signs to Seaside

From Seattle, Washington (I-5 South):

Take I-5 S towards Portland, OR
Take the I-405 exit towards BEAVERTON/US-30 W/St. Helens/Ocean Beaches
Merge onto I-405 S
Take the US-26 W, exit number 1D, towards Beaverton
Merge onto US-26 W, follow US-26 W to Hwy 101 junction
Turn right onto Hwy 101 N and follow the signs to Seaside

From Salem, Oregon (I-5 North):

Take I-5 N towards Portland, OR
Take the OR-217 exit, exit #292, towards TIGARD/BEAVERTON
Keep right at the fork in the ramp
Merge onto OR-217 N
Take the US-26 W exit on the left towards TILLAMOOK/ASTORIA
Merge onto US-26 W, follow US-26 W to Hwy 101 junction
Turn right onto Hwy 101 N and follow the signs to Seaside